

# FEBRUARY 2020 - Menus

# Grades K-12 Lunch (Soft Diets)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-3 Bean & Cheese Chimichanga - <b>V</b> Cooked Spinach Fruit Cup	2-4 Café LA Burger Cooked Baby Carrots Frozen Juice Cup	2-5 WG Pepperoni Pizza Wedge Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	2-6 Cheesy Pillows Creamy Mashed Potatoes Fruit Cup	2-7 Teriyaki Beef Dipper Rice Bowl Cooked Baby Carrots Fruit Cup
2-10 Nacho Pretzel Pocket - <b>V</b> Cooked Baby Carrots Fruit Cup	2-11 Teriyaki Beef Sandwich Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	2-12 Turkey & Mashed Potato Bowl Aloha Roll Fruit Cup	2-13 Mac N' Cheese Cornbread Cooked Baby Carrots Fruit Cup	2-15 Chicken Tenders, Homestyle Southern Buttermilk Biscuit Broccoli Buds Fruit Cup
2-17  <b>PRESIDENTS DAY HOLIDAY</b>	2-18 Cheeseburger Sliders Mini Potato Tots or Creamy Mashed Potatoes Frozen Juice Slush	2-19 Bean & Cheese Pupusa Cooked Baby Carrots Fruit Cup	2-20 Beef & Cheese Taco Burrito Cooked Spinach Fruit Cup	2-21 Cherry Blossom Chicken Bowl Broccoli Buds Fruit Cup
2-24 Whole Grain Cheese Pizza Wedge - <b>V</b> Cooked Baby Carrots Fruit Cup	2-25 Crispy Chicken Sandwich Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Cup	2-26 <i>New!</i> Beefy Hot Sandwich Roasted Potato Wedges or Creamy Mashed Potatoes Fruit Cup	2-27 Nacho Dip Artisan Roll Broccoli Buds Fruit Cup	2-28 Beef & Cheese Taco Burrito and/or <i>New!</i> Fish Nuggets Aloha Roll Cooked Baby Carrots Fruit Cup

 **All of the Grain/Bread items served are Whole Grain Rich.** Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**V:** Vegetarian items - \*\*Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

**MENUS ARE SUBJECT TO CHANGE**

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